

## Pab txhawb rau Cov tsev neeg uas Muaj Me Nyuam Ua lag ntseg thiab Pob Ntseg Tsis Hnov Lus Zoo



## Tsis Hais Koj Yuav Nyob Rau Qhov Twg, Peb Yuav Nyob Qhov Ntawd, Ib Yam.

Koj paub yam twg yog yam zoo tshaj plaws rau koj tus me nyuam. Peb tuaj yeem pab koj qhia tag nrho cov kev xaiv es nrhiav kom tau cov uas zoo phim rau koj tsev tseg tshaj plaws. Minnesota Hands & Voices (MNH&V) yog ib lub zej zog uas muaj ntau hom cuab yim neeg thooob plaws lub xeev uas muaj cov me nyuam Lag ntseg, Lag ntseg dig muag thiab cov uas tsis hnov lus zoo. Peb nyob ntawm no muab kev txhawb, nrhiav tej txheej xwm thiab ntaub ntawv.

## Niam Txiv Txoj Kev Pab Txhawb

Peb ob tes dej num muaj xws li Guide By Your Side™ (GBYS) thiab Advocacy, Support and Training (ASTra™). Peb cov niam txiv thiab Cov Lag Ntseg thiab Cov Tsis Hnov Lus Zoo (Deaf and Hard of Hearing, DHH) cov laus ua hauj lwm ua tus "coj kev" ncaj qha nrog tsev neeg cov uas nyuam qhuav paub tias lawv tus me nyuam pob ntseg tsis hnov lus, los sis cov uas twb muaj dua cov me nyuam thiab xav tau kev pab los ntawm lwm tus neeg uas twb tau tau ib txoj kev zoo li no los lawm thiab tuaj yeem qhia txoj hau kev uas tau ntsib thiab raws li lub tswv yim. Peb li ASTra™ Advocates muab kev pab txhawb rau cov tsev neeg uas muaj me nyuam DHH raws li lawv taw qhia txog cov txheej txheem kev kawm nrog pab pawg hauv tsev kawm ntawv. Tag nrho peb cov neeg ua hauj lwm pab txhawb cov tsev neeg yam tsis saib dej ua ntu saib neeg ua plhu txog txoj kev sib txuas lus, cov hau kev, los sis tsev kawm ntawv yog li txhua tus me nyuam uas DHH yuav muaj lub cib fim ua tau tiav raws li lawv lub peev xwm. Sib txuas lus hauv xov tooj los sis mus ntsib kiag ntawm txhua tsev neeg puav leej tsis tau them nyiaj raws lub sij hawm uas koj thiab koj tsev neeg khoom.

Peb uas yog niam txiv thiab cov laus ntawm cov DHH muaj kev paub zoo tshaj plaws txog kev pab thiab txhawb ntau tsav ntau yam rau cov me nyuam uas lag Ntseg thiab Pob Ntseg Tsis Hnov Lus Zoo. Peb swm nrog cov cwj pwm, kev txiav txim siab thiab cov lus nug ntawm cov tsev neeg uas peb tau pab. Los ntawm peb txoj kev tau ntsib los peb vam tias yuav pab tau koj xaiv yam zoo tshaj plaws rau koj tus me nyuam.



Yam Ua Tau Zoo Rau Koj Tus Me Nyuam yog Yam Uas Xaiv Yog Lawm



## Nws yuav Tsis Muaj Cwj ciam rau Koj Tus Me nyuam Lub Peev Xwm

### Tej Koob Tsheej thiab Txoj Kev Kawm

Thoob plaws ib lub xyoos peb ua tswv cuab cov koob tsheej thoob plaws lub xeev rau cov tsev neeg uas muaj me nyuam DHH.

- Niam txiv muaj zoo lub cib fim tau kawm paub los ntawm cov neeg xawj ntse txog cov tej yam uas sib thooj li
- Cov me nyuam thiab nws cov viv ncaus nus muag yuav lom zem rau cov hauj lwm uas qhia, tej khoom noj ua si thiab kev ua si
- Tag nrho tsev neeg yuav tau ntsib tsev neeg piv txwv zoo uas muaj tus me nyuam DHH thiab mus ntsib nrog MNH&V Cov Ntawv Qhia

### Nyob Nrog Yam Tshiab

Dhau ntawm cov koob tsheej, peb tseem muab lwm yam ntaub ntawv rau koj thoob plaws lub sij hawm koj koom. Mus saib peb lub vas sab, sau npe txais peb tsab ntawv xov xwm tawm peb lub hlis twg ib zaug thiab ib lim tiam ib tsab email, thiab raws peb qab nyob rau hauv social media txhawm rau tau yam tshiab, cov xov xwm thiab txheej xwm txaus ntseeg nyob rau hauv cheeb tsam thiab thoob teb chaws.

### Nyob rau ntawm Minnesota Hands & Voices, koj tau txais:

- ib phau ntawv txheej xwm hais txog kev tsis ciav cais.
- niam txiv-txog-niam txiv txoj kev pab txhawb.
- tau tag nrho txhua yam kev pab cuam dawb.



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Minnesota Hands & Voices tau peev nyiaj ib feem los ntawm Minnesota Department of Health.



Lutheran Social Service of Minnesota

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