



MINNESOTA  
HANDS &  
VOICES™

# FOCUS

Supporting families with children who are deaf & hard of hearing

## You Are Not Alone, The Benefits of Making Family-to-Family Connections

“A game of Stump the Expert!”, Minnesota Hands & Voices (MNH&V) parent said describing how she felt when her own mother, her go-to person for all things related to raising children, did not have answers. Her mother was a great emotional support to them, but by her own admission, she had no “pearls of wisdom” for raising a child who is deaf or hard of hearing (DHH). The parents felt they were on their own, no siblings or extended relatives on either side were DHH or had a child who was DHH. No friends or neighbors could relate to their experience either, they felt very isolated. Thankfully, early in their journey they received contact information for MNH&V

and started networking with other families. Fast-forward twelve years, the family continues to find their time with other MNH&V families beneficial especially now as they enter the teen years.

In truth it is not common to be a family with a child who is DHH. Our small world then becomes even smaller with the choices we make regarding education, communication, and technology. There is no one-way to raise a child who is DHH, but a supportive community can boost confidence and offer peace of mind. The Parent Guides at MNH&V know more than most how true this statement is and the importance of connecting with other families, because they have a child who is

DHH themselves. The time families spend sharing their experiences, exchanging ideas, swapping information, and trying to make sense of it all can save countless hours doing research “in a vacuum” and enjoyable for your children. Parent Guides can help make introductions with families who share your goals or whose communication choice you are interested in exploring or who are farther down the path to get a snapshot of the future.

“I had a family call last year who really struggle with their child’s identification as DHH. Culture did play a factor, as well as, the mother wanted someone in the area that perhaps she could visit with in person,” said Robin Coninx, Metro Parent Guide. Robin found a mentor family near by who shared the same cultural experiences and made the introduction.

“When I talked to her (the mother) after a couple of weeks had gone by, she gushed how helpful it had been to talk to a more experienced mother,” added Robin, “This is definitely an ‘aha’ moment!”

Reading about different communication opportunities and all the choices available for children who are DHH can sometimes be overwhelming and seem abstract. Sometimes your family of origin, the culture of your ethnicity or your faith can color the decisions you make for your family. A family-to-family connection can be a great way to see the possibilities first-



Friends and their fathers reconnect at the 2016 MNH&V Family Roller Skating Event this past January.

Family-to-Family Connections, continued on page 2

Family-to-Family Connections, continued from page 1

hand through the interaction of a family who use a communication mode and/or equipment every day. Watching your children interact and respond to each other in a relaxed environment can reveal what works for your family and help you move forward with confidence.

“I remember when my child was first identified and we were researching options. I wanted to be a ‘fly on the wall’ to observe communication in American Sign Language (ASL) and see people cueing English and watch children with cochlear implants or using other hearing gear. I wanted to witness what a typical day might look like for my child and for our family,” said another MNH&V parent.

Attending family camps, going to MNH&V Family Events, joining family support groups, or visiting with an adult role model who is DHH are more great ways to gain perspective. For families in greater Minnesota there are MNH&V Regional Parent Guides and family events in your area. For the truly time challenged households or families who are immobile social media can help create a sense of community. Raising a child who is DHH is a wonderful and unique experience we all share and learn from each other.

Ultimately parents decide what is the best fit for their family. The staff at MNH&V is here to support parents in their search for the best option that works for their family. We take to heart the words, pediatrician and author; Dr. Benjamin Spock wrote in 1946, “You know more than you think you do.” In that spirit MNH&V creates opportunities for parents and get on with raising their amazing children as only they can.

## MNH&V EMPLOYMENT OPPORTUNITY

### Regional Parent Guide Southwest, MN

MNH&V is looking for a Parent Guide for South West Minnesota.

Candidates should be eager to support other parents like themselves with a child who is deaf, deafblind or hard of hearing and who live in SW Minnesota. Ready to provide emotional support, information about the full array of choices, and referral resources to families. Connect parents to other parents and to local community resources. Represent MNH&V in the community and participate in family support activities. Regional Parent Guides are responsible developing programming for the families in their specified region of Minnesota. Hours are flexible, 16 hours a week.

Counties of the SW Region Include: Lincoln, Lyon, Pipestone, Rock, Murray, Nobles, Redwood, Cottonwood, Jackson, Martin, Watonwan, Brown, Blue Earth, Faribault, Nicollet, Sibley, Mcleod

For a full outline of duties and application go to the Lifetrack website at: [www.lifetrack-mn.org/about/careers/regional-parent-guide-sw-minnesota](http://www.lifetrack-mn.org/about/careers/regional-parent-guide-sw-minnesota)

## Minnesota Employment Center Opportunities

Minnesota Employment Center (MEC), a program of Lifetrack and Rise, Inc., has three part-time positions for Occupational Communication Specialists (OCS) in St. Cloud, Mankato, and Duluth.

OCS staff assist people who are deaf, hard-of-hearing or deafblind in obtaining, retaining and advancing in competitive employment. Candidates must be fluent in all forms of manual communication, including American Sign Language. A sensitivity to cultural issues, familiarity with community services, and knowledge of psycho-social issues for persons who are deaf, hard-of-hearing or deafblind. Aware of a variety of communication strategies and adaptive technology options. Must involve people served in planning, development, oversight, and delivery of long-term ongoing support services. Individual must work independently, meet placement quotas, negotiate job accommodations, maintain case records, and communicate effectively with referring counselors, agencies, participants, and the business community.

Submit cover letter and resume to Sheila Ritter at [sritter@rise.org](mailto:sritter@rise.org) and Blaine Newberg at [bnewberg@rise.org](mailto:bnewberg@rise.org).

### Thanks for your contribution!

**We rely on your generous support to build better lives for children who are deaf or hard of hearing.**

**Make a tax-deductible donation today.**

**DONATE**

## I am MNH&V



### Cecilia

My oldest daughter, who is hearing, recently asked, "Which is better, ASL or cueing?" It's a fair question, but it would have been better had she not asked it during cued speech class! The teacher explained the two were very different. Then later I shared with her our reasons for choosing cued speech over 13 years ago and my perspective on the results.

When we first learned our second daughter was deaf, we were thrilled she would receive a cochlear implant before she was 18 months old. As we did

research, we found language development started, much earlier than spoken language. The communication option that made the most sense for our family was cued speech. The reasons most compelling to us were how easily our family could adapt and learn the system, access to all the words in English, and phonemic awareness for reading.

One of the main advantages of cued speech was we only had to learn eight hand shapes and four hand placements to produce any word in English. We could show the difference between "aunt" pronounced by her Minnesotan friends (awnt) and "aunt", pronounced by her Iowan parents (ant). Most importantly, we could help her learn to read the same way hearing children learn to read, through phonemic awareness. One of the most amazing studies I came across reported that individuals who are deaf and use cued speech process language in their auditory cortex when reading, the same way hearing people do.

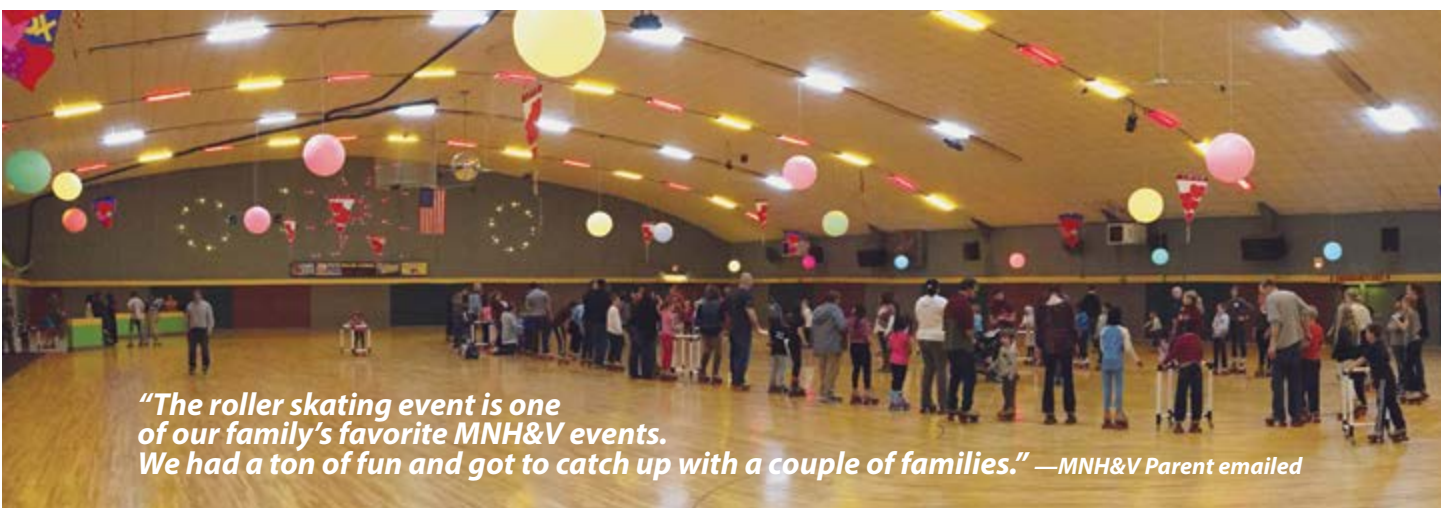
Since the time we committed to cued speech 13 years ago, I've had occasion to wonder if it was the correct choice. We were told it would be difficult to get support in the school system. Luckily, our school district did not question our choice and found a para-professional who was willing to learn and transliterate

for our daughter. When our daughter took gymnastics and swimming classes through community education, we were able to request a transliterator and other accommodations. Contrary to what we had been told, choosing cued speech did not create obstacles for us.

In fact, since the time we chose cued speech, I have new reasons to appreciate it that I could not have anticipated when we started down this path. The biggest benefit is the ability to show the sounds of the last name of a friend or the lyrics to a song her friends like. With cued speech we can show her exactly what she heard; even though they may not be words I want her to know. Because of her learning disability, she needs both an auditory and visual support, for example, the singer's name is Katy Perry not Pererry. Now with reading she can get a lot of information, but cued speech is still a great support in school situations when there is a lot of background noise and lectures may be fast and include words outside her everyday vocabulary.

Finally, as I begin to worry about her social development, I believe that being conversant in English, even at a level below her peers, is a great advantage. Looking back on our choice, it was not a matter of better or worse, just that cued speech was the best choice for us.

## 2016 MNH&V Family Roller Skating Event Record-Breaking 330 Participants!



*"The roller skating event is one of our family's favorite MNH&V events. We had a ton of fun and got to catch up with a couple of families." —MNH&V Parent emailed*

# Transition

## Communication Access Chat

Saturday, April 30th 2016, explore ways to meet your needs within healthcare. A panel of healthcare representatives will be discussing communication options for individuals who are DHH.

Dr. Darlene Zangara, Executive Director of the Olmstead Implementation Office, will facilitate the discussion with panelists from 2:00 pm to 3:45 pm and an opportunity to meet local hospital representatives from 4:00 pm to 5:00 pm.

Webhost is Century College, Lincoln Hall, 3300 Century Avenue North, White Bear Lake, MN. Free admission or join the videoconference remote locations through Webconnect provided by ASLIS and supported by grant funding from the Minnesota Department of Human Services, DHH Services Division.

Questions or to request accommodations call 952-388-2141 or [elizabeth@aslis.com](mailto:elizabeth@aslis.com). For the most current webhub locations: [www.aslis.com/cac2016](http://www.aslis.com/cac2016)

## Save the Date

### Free Admission 2016 DeafNation Expo

Saturday, April 2, 2016 from 9:00 am to 5:00 pm at Concordia University, 1282 Concordia Avenue, St. Paul, MN.

DeafNation Expo is a touring trade show for, by, and about people who are deaf or hard of hearing. There will be exhibitions, entertainment and seminars sharing culture, language, and information.

To register or for more information go to [www.deafnation.com/dnexpo/stpaul-mn/](http://www.deafnation.com/dnexpo/stpaul-mn/)

## Postsecondary Enrollment Options New Policy

Minnesota Department of Education has developed a new policy specifically for 10th grade students with a disability who want to participate in career and technical education classes (CTE) through Postsecondary Enrollment Options (PSEO). Most PSEO are only open to high school students in 11th and 12th grade, but recent legislation allows eligible 10th graders taking CTE courses access to PSEO.

Effective as of December 8, 2015, the policy, procedures, and the model modification request form can be found on the [www.education.state.mn.us/MDE/StuSuc/CollReadi/PSEO/](http://www.education.state.mn.us/MDE/StuSuc/CollReadi/PSEO/)

For questions about the new policy and procedures, please contact Beth Barness at [mde.postsecondary@state.mn.us](mailto:mde.postsecondary@state.mn.us) or 651-582-8852.

## PACER Launches New E-Newsletter: Inspiring Possibilities

PACER's National Parent Center on Transition and Employment provides relevant information and resources to parents, youth, and professionals. Including quality information for families of young adults with disabilities on transition planning, civil rights, work-based learning, career accommodations, higher education, financial aid, and more.

PACER's new E-Newsletter, Inspiring Possibilities, is a cutting-edge website that inspires, educates, and engages. Anyone in the transition planning process or searching for information on a specific topic will find a comprehensive source of information at [PACER.org/transition](http://PACER.org/transition).

Subscribe to the Inspiring Possibilities email list at [www.pacer.org/transition/news/newsletter-signup.asp](http://www.pacer.org/transition/news/newsletter-signup.asp)

## VSA Minnesota: Accessible Movies, Arts, & Performances

Listings for accessible art experiences and age-appropriate captioned movies for children who are DHH can be found on the VSA Minnesota's website. Some live performances offer reduced admission prices for the patron and one companion through VSA Minnesota's Access to Performing Arts Project.

Sign-up for VSA's monthly email [www.vsamn.org/community/calendar/](http://www.vsamn.org/community/calendar/)

Visit VSA Minnesota at [vsamn.org](http://vsamn.org).

## NAD and GoGo Agreement Closed Captions Soon Available on Inflight Entertainment

Airline passengers who are deaf and hard of hearing will soon have closed captioned, on-demand in-flight entertainment videos. The National Association of the Deaf (NAD) and Gogo LLC, the aviation industry provider of broadband and wireless connectivity, have reached an agreement to closed captioned 100 percent of programming streamed through Gogo Vision. Passengers who use personal Wi-Fi enabled devices can access a Gogo Vision server located on certain aircraft.

Gogo will start phasing in closed captions content and should be completed by June 30, 2017.

"By seeking to ensure 100% closed captions on all of its streaming titles, Gogo has demonstrated that it is an industry leader, setting the standards for in-flight entertainment," said Julie Wilensky, the Director of the California office of the Civil Rights Education and Enforcement Center, which also represents the NAD.

## Language and Communication Focused IEPs for Learners Who Are DHH

The Commission of Deaf, Deafblind and Hard of Hearing Minnesotans (MCDHH) has developed a discussion guide titled Language and Communication Focused IEPs for Learners Who are Deaf and Hard of Hearing. This discussion guide will be pilot tested by teachers serving students who are DHH or deafblind. Future plans for the development of the discussion guide will include webinars and training.

The discussion guide is a new comprehensive tool for professionals to be used to develop detailed and thorough individual education plans (IEP). Parents, who are integral part of the IEP, may find this discussion guide a valuable resource to prepare for IEP meetings, as well as, a way to better understand the IEP process.

The Discussion Guide is well organized and user friendly. Includes considerations for the diverse population of learners, including plans for the transition from high school to the postsecondary. Check lists and discussion prompts create a clear picture of the student. Pseudo student scenarios are added to illustrate how to use the Student Based Needs, Measurable Annual Goals, and Short Term Objectives sections. A wealth of resource links are at the end of every section. The discussion guide then concludes with a helpful glossary of terms.

Discussion guide was financially supported by MCDHH. Special thanks to the developers who include Kelly Anderson, Melissa Buck, Deanne Curran, Mandy Frederickson, Carla Larson, Emily Manson, Ann Mayes, Nannette McDevitt, Susan Meredith, Jody Olson, Anna Paulson, Susan Rose, Mark Schwartz, Valerie Shirley, and Jody Waldo.

For more go to [mn.gov/deaf-commission/news/newsdetail.jsp?id=327-178808](http://mn.gov/deaf-commission/news/newsdetail.jsp?id=327-178808)

## The View from Greater Minnesota

### “How My Best Brings Out the Best in Others”

#### A Communication Contest for Students who are Deaf or Hard of Hearing

St Cloud Morning Optimist Club is sponsoring a speech contest for students who are DHH on March 16th at 6:30 p.m. in the St. Cloud Public Library.

Any student through Grade 12 who is DHH can give a 4 to 5 minute speech on the topic “How My Best Brings Out the Best in Others” in English or American Sign Language (interpreter will be provided).

First place winner of the local contest receives a medallion, \$200, and the right to go on to the district competition. First place winner of the district contest will receive a \$2500 scholarship. Approximately 6-7 students will go to district on April 29-30 in Watertown, SD.

Please contact Ginny Bisek before March 5th if you have any questions 320-253-1462 or cell 320-260-5996 or [gbisek@charter.net](mailto:gbisek@charter.net) subject heading: CCDHH.



*The latest welcome blanket recipient in greater Minnesota*

## Therapeutic Services Agency Offers Culture and Language Specific Health Services

Therapeutic Services Agency (TSA) offers health services for children and their families who are DHH or deaf/blind experiencing difficulty with emotional or behavioral problems. Services include individual, family, and group psychotherapy and rehabilitation.

Participants receiving mental health services are children (birth to age 22) located in the Northeast Region of Minnesota including the counties of: Pine, Aitkin, Carlton, St. Louis, Cook, Lake, Itasca and Koochiching.

#### Mental Health Services for individuals who are DHH include:

- Diagnostic assessment
- Individual therapy
- Family therapy
- Group therapy
- Individual skill building
- Family skill building
- Group skill building
- Psychiatric consultation
- Consultation to schools and teachers

Fees for services are billed to Medical Assistance, managed care companies, and third party payers. Grant funds are available for people who do not have insurance through a grant from the DHS, Deaf and Hard of Hearing Division.

In July of 2016, TSA will expand their services to the NW Region of MN including the counties of: Becker, Beltrami, Cass, Clay, Clearwater, Douglas, Grant, Hubbard, Kittson, Lake of the Woods, Mahnommen, Marshall, Norman, Otter Tail, Pennington, Polk, Red Lake, Roseau, Todd, Traverse, Wadena and Wilken.

Make a referral at 320-629-7600 or for more information contact Christine Harnack at [charnack@tsapc.net](mailto:charnack@tsapc.net) or call 612-508-9505 or 651-224-4114.



Congratulations to high school student, Shawnae, who entered her report featuring Minnesota Hands & Voices (MNH&V) in a competitive event for Family, Career and Community Leaders of America (FCCLA). FCCLA is a student leadership organization that focuses on youth education and family. Her report won the bronze in the category titled, Empower the Family.

Candace Lindow-Davies said, "I'm so proud of our MNH&V artist, Shawnae. She does us proud ONCE AGAIN by highlighting MNH&V in her school project, taking BRONZE too!"

Shawnae, who's artwork is featured on MNH&V Thank You cards, wrote the report to help educate families about the services and resources offered by MNH&V. She writes, "MNH&V can discuss concerns with families, send families information related to different topics of interest, connect family-to-family, refer families to other organizations and information sources that they may find helpful."



Shawnae with her report featuring MNH&V

## New Research on Language Outcomes

A multi-state research project provided new information about language outcomes of children who are unilaterally hard of hearing. The National Early Childhood Assessment Project summarized characteristics of 132 children from Fourteen state EHDI programs. They reviewed language outcome data hoping to identify characteristics of children with more successful language outcomes.

Characteristics of the population studied:

- 79% were identified by age 3 months old
- Just over half used amplification

Assessment tools included the Minnesota Child Development Inventory and the MacArthur-Bates Communicative Development Inventory one to five occasions and the data showed:

- 25% to 35% of participants demonstrated delayed language
- Language delays were evident as early as 2 years of age
- No identifiable factors associated with language delays (including degree of loss or use of amplification)

An ongoing study suggests children who are unilaterally hard of hearing should have language reevaluated just after age 2. Evidence based decisions can then be made regarding care delivery and early intervention.

### 2014 Audiologists Report

Of newly identified children unilaterally hard of hearing in Minnesota:

- 42% were fitted with amplification
- 8% declined amplification when first identified
- 23% did not have amplification recommended when first identified
- 27% had unknown plan regarding amplification (e.g. status not reported, testing in process, family undecided)

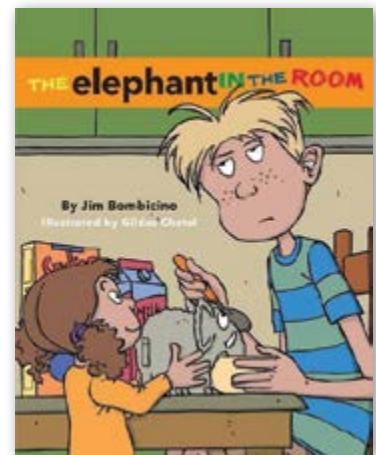
Sound Matters Newsletter, 2015, issue 4: [www.health.state.mn.us/divs/phl/newborn/providers/soundmatters4\\_2015.pdf](http://www.health.state.mn.us/divs/phl/newborn/providers/soundmatters4_2015.pdf)

## Save the Date

### DHH Day at the University of Minnesota

Registration is open for the Deaf and Hard of Hearing Day at the University of Minnesota. The event is on Thursday, April 7, 2016 from 9:00 am to 1:00 pm. Students grades 9-12 are invited, along with their teachers and parents, for a day to explore opportunities at the University of Minnesota.

Disability Services Office is hosting this event at the University of Minnesota Twin Cities Campus, Coffman Memorial Union. For more information or questions about this event email at [dsdhhday@umn.edu](mailto:dsdhhday@umn.edu)



### New Children's Book Main Character is DHH

*The Elephant in the Room* is a new children's book about Skyler, a 9 year old boy who happens to wear hearing aids. Author Jim Bombicino began his career as a school audiologist serving children at the Austine School for the Deaf in Brattleboro, Vermont.

The goal of Jim Bombicino book, *The Elephant in the Room*, is to reach out to friends, classmates, and family members of children who are hard of hearing. The book illustrates the daily challenges faced by children who are hard of hearing. Find more online at [www.jimbombicino.com](http://www.jimbombicino.com).

# 2016 Summer Camps

## Spring Camp Cheerio

May 13-15, family  
Glade Valley, NC  
[springcampcheerio.org](http://springcampcheerio.org)

## CA H&V DHH Family Camp

May 27-29, family  
Camp Marston, Julian, CA  
[cahandsandvoices.org](http://cahandsandvoices.org)

## AHIHA Hockey Camp

June 11-18, DHH players  
Woodridge, Illinois  
[ahiha.org](http://ahiha.org)

## Summer Camp

June 12-17, ages 12-17  
June 12-15, ages 6-11  
Sulphur OK  
[osd.k12.ok.us/dhac/](http://osd.k12.ok.us/dhac/)

## Camp D.O.V.E.

June 19-24, ages 8-18  
Athens, GA  
[campdove.org/index.html](http://campdove.org/index.html)

## Literacy Camp

June 19-24, ages 12-18  
Camp Friendship  
Annandale, MN  
[mnliteracycamp.weebly.com](http://mnliteracycamp.weebly.com)

## Camp Taloli

June 19-25, June 26-July 2,  
July 3-9, July 10-16, ages 6-17  
Stayton, OR  
[taloli.org](http://taloli.org)

## Summer Camps

June 19-25, ages 6-16  
Spartanburg, SC  
[scsdb.org](http://scsdb.org)

## Aspen Camp

June 21-July 4, ages 13-17  
July 12-25, ages 10-15  
July 26-Aug 4, ages 8-12  
Aug 5-9, family  
Snowmass, CO  
[aspencamp.org/](http://aspencamp.org/)

## CNI Cochlear Kids Camp

June 23-26, ages 3-18  
Aug 4-7, ages 3-18  
Estes Park, CO  
[thecni.org/cochlear-kids-camp/](http://thecni.org/cochlear-kids-camp/)

## Immerse into ASL!

June 25-July 3, gr 9-11  
Gallaudet University, WA  
[gallaudet.edu](http://gallaudet.edu)

## Discover Your Future

June 25-July 3, gr 9-11  
Gallaudet University, WA  
[gallaudet.edu](http://gallaudet.edu)

## Young Scholars Program:

**Exploring the Sciences**  
June 25-July 3, gr 9-12  
Gallaudet University, WA  
[gallaudet.edu](http://gallaudet.edu)

## Young Scholars Program:

**r/Evolutionary Stages!**  
June 25-July 3, gr 9-12  
Gallaudet University, WA  
[gallaudet.edu](http://gallaudet.edu)

## Listening & Spoken Language Camp

June 26-July 1, ages 8-18  
Martinsville, IN  
[hearindiana.org/](http://hearindiana.org/)

## Deaf Children's Camp

June 26-July 1, ages 4-17  
Camp Alexander Mack  
Milford, IN  
[indeafcamps.org](http://indeafcamps.org)

## KODA Children Camp

June 26-July 8, ages 9-12  
Old Forge, NY  
[www.campmark7.org](http://www.campmark7.org)

## Lions Youth Camp

July 4-8, ages 6-15  
Lebanon Junction, KY  
[lccy.org/our%20camps.htm](http://lccy.org/our%20camps.htm)

## Explore Your Future

July 9-14 & 16-21, gr 12  
NTI for the Deaf, Rochester, NY  
[www.rit.edu/ntid/eyf/](http://www.rit.edu/ntid/eyf/)

## KODA Youth Camp

July 10-22, ages 13-16  
Old Forge, NY  
[www.campmark7.org](http://www.campmark7.org)

## Sertoma of St. Joseph

July 10-15, ages 7-14  
Camp Marvin Hillyard  
Easton, MO  
[stjoesertoma.com/deaf-camp/](http://stjoesertoma.com/deaf-camp/)

## Summer Adventure

July 10-22, ages 9-17  
Easthampton, MA  
[clarkeschools.org](http://clarkeschools.org)

## MSAD Summer Program

July 11-22, gr K-7, 8-12  
MSAD, Faribault, MN  
[msad.state.mn.us](http://msad.state.mn.us)

## Camp Teresita Pines

July 17-23, ages 7-15  
Wrightwood, CA  
[www.campteresitapines.org](http://www.campteresitapines.org)

## Camp Courage North

July 17-22, ages 7-17  
Lake George, MN  
[truefriends.org/camp/](http://truefriends.org/camp/)

## TechGirlz & TechBoyz

July 23-28, gr 7-9  
NTI for the Deaf, Rochester, NY  
[ntid.rit.edu/outreach](http://ntid.rit.edu/outreach)

## Health Care Careers Exploration Camp

July 23-28, gr 10-12  
Rochester, NY  
[ntid.rit.edu/camps/healthcareers/](http://ntid.rit.edu/camps/healthcareers/)

## Deaf Children Camp

July 24-August 5, ages 8-11  
Old Forge, NY  
[www.campmark7.org](http://www.campmark7.org)

## Deaf Youth

July 24-August 5, ages 13-16  
Old Forge, NY  
[www.campmark7.org](http://www.campmark7.org)

## Wisconsin Lions Camp

July 24-29, ages 6-17  
July 31-Aug 5, ages 6-17  
Rosholt, W  
[wisconsinlionscamp.com](http://wisconsinlionscamp.com)

## EX.I.T.E. Camp

July 28, Aug 1, 3, 5, 9, 11,  
girls gr 6-9  
PACER Center, Bloomington, MN  
[pacer.org/stc/exite/Camp.asp](http://pacer.org/stc/exite/Camp.asp)

## Camp Pacifica

July 31-Aug 7, ages 7-15  
Aug 2-8, ages 7-15  
Ahwahnee, CA  
[camppacifica.org](http://camppacifica.org)

## Camp HERO at Camp Victory

July 31-Aug 5, ages 6-17  
Millville, PA  
[www.gocamphero.org/news/](http://www.gocamphero.org/news/)

## Camp Ross Relles

Aug 7-13, ages 7-15  
Nevada City, CA  
[www.camprossrelles.com](http://www.camprossrelles.com)

## Deaf Film Camp

August 7-19, ages 12-16  
Old Forge, NY  
[www.campmark7.org](http://www.campmark7.org)

Lifetrack  
709 University Ave. W.  
St. Paul, MN 55104-4804



MINNESOTA  
HANDS &  
VOICES™



Minnesota Hands & Voices FOCUS Newsletter

March-April 2016

# FAMILY PICNIC

## 2016 Annual ★ Minnesota Hands & Voices ★ Metro

### Free for Families:

- ★ Dinner
- ★ Fun Games
- ★ Entertainment
- ★ Face Painting
- ★ Door Prizes!

**Date:** Thursday, August 4th

**Time:** 5:00-8:30 pm (rain or shine)

**Where:** Como Park Midway Pavilion  
1360 N Lexington Parkway, St. Paul, MN

**HANDS & VOICES**  
**LEAGUE OF HEROES**  
**SUPERPOWERS WITHIN**

*Calling all the Superheroes in the MNH&V Community!*  
*Dust off your superhero costume or come as you are to join our Hands & Voices' League of Heroes!*

Find more details online at [www.mnhandsandvoices.org/news-events/current-news-events.aspx](http://www.mnhandsandvoices.org/news-events/current-news-events.aspx)